

Learn more about MARSH at [marshlife-art.org](http://marshlife-art.org)

Become an owner of the MARSH Co-op:

Shares cost a suggested \$100 (sliding scale: pay what your household can afford, more than \$100 helps subsidize another member!) This is a lifetime and refundable share; you never pay again and can get your money back if you ever choose to leave the co-op.

[marshcoop.org](http://marshcoop.org)

Buy your groceries from the co-op:

- 8000+ items in our online catalog. More economical because we buy TOGETHER!
- all items are either sourced locally or come from a natural foods supplier. This means that all produce is organic (unless otherwise noted) and all products represent one or more alternatives to commercial food supplies: natural ingredients, health-oriented, sustainable growing practices, small /cooperative business model, fair labor practices, low energy use, fair trade, socially responsible, etc.
- Group orders are placed every week, deadline Mondays at midnight, pickups the following Saturday. Items selected from our “on hand” list can be ordered at any time with a 24-hour turnaround. Curbside pickup.

Are you interested in growing food for the co-op or using our licensed kitchen to develop products, baked goods, or prepared foods for the co-op?

Contact us at [bioculturalist@gmail.com](mailto:bioculturalist@gmail.com).

**MARSH Cooperative Grocery storefront coming June, 2021!**

# MARSH

A cooperative grocery, an urban farm, a kitchen/diner, a gathering space, and a laboratory for

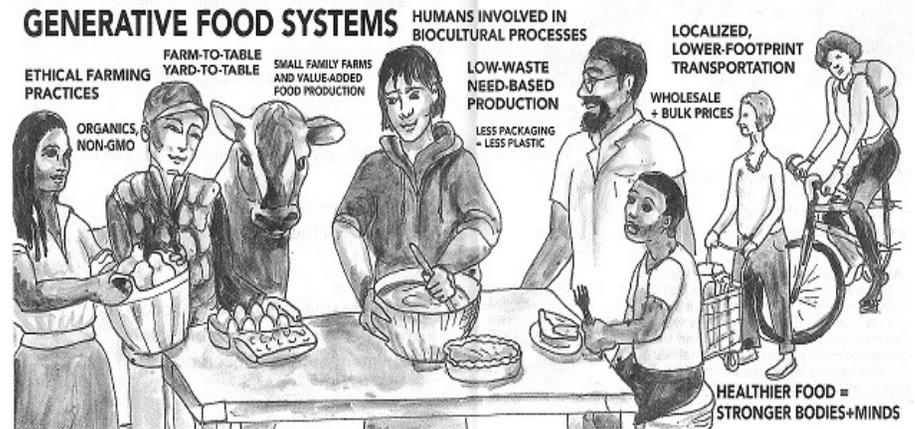
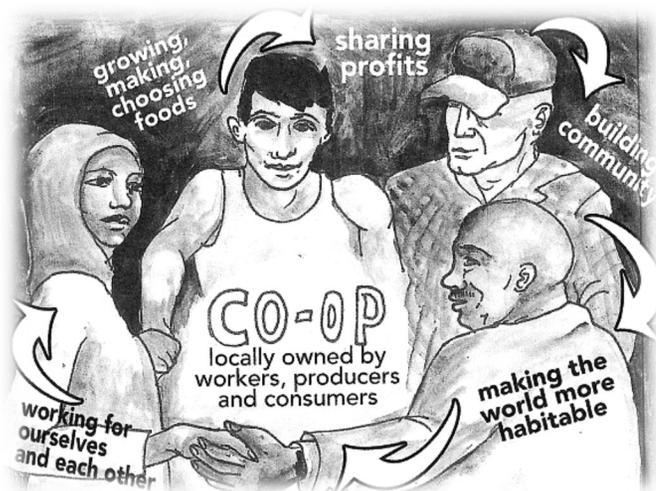


**EMERGENT**—in the process of becoming through active listening, broad sources of knowledge, and courage to question

**HUMAN SCALED**—people-sized and people-centered systems that support others and enable positive change for all

**GENERATIVE**—exploring possibilities, expanding potential, taking ethics-based action to uproot exploitation, extraction, violent coercion, and oppression.

**SOCIAL PRACTICES**—ways of doing and being based on mutual respect, relational values, restorative justice, and regenerative kinship with people and the planet.



A **COOPERATIVE** is formed based on a set of principles, **NOT PROFIT**.

**CONSUMER OWNERS** pool resources to improve access for themselves and others to foods that are more economical, reduce negative impact on the environment, promote justice and well-being, and foster sustainable relational economies.

**WORKER OWNERS** collaborate to manage an environmentally sustainable enterprise that benefits the organization and the community.

**PRODUCER OWNERS** develop practices and products that mutually benefit the participants and the other members of the cooperative ecosystem.

**COOPERATIVES** are owned by their participants.

**COOPERATIVES** are democratically governed.

**COOPERATIVES** are funded by member shares.

**COOPERATIVES** welcome everyone who wants to explore systems of mutual benefit.

**COOPERATIVES** value learning and sharing.

**COOPERATIVES** work toward social justice, ecological responsibility, fair employment, and health and well-being for all.